



COVID-19 GUIDELINES

KEEPING YOUR POD HEALTHY AND SAFE

If any of the following are true, you should not take children into your home:

- You or anyone in close contact with you has a suspected or confirmed case of COVID-19
- You or anyone in close contact with you has traveled internationally or domestically from any area which is the subject of travel restrictions

After 14-days after the last potential exposure, the caregiver may open their Pod provided the following is true:

- At least 10-days have passed since any member of the caregiver's household first experienced symptoms AND
- Symptoms have improved, AND,
- The caregiver's household has been fever-free for at least 72-hours without the use of fever-reducing medicines.

ALL CAREGIVERS, FAMILIES, CHILDREN, AND THEIR RESPECTIVE HOUSEHOLD MEMBERS MUST CONDUCT A DAILY HEALTH CHECK BEFORE ANY CARE SESSION. SHOULD A CAREGIVER HAVE ANY OF THE FOLLOWING SYMPTOMS, THE CAREGIVER SHOULD NOT PROVIDE CARE THAT DAY.

- Fever of 100.4 F or higher, now or in the preceding 72 hours
- Cough
- Sore Throat
- Muscle Aches
- Difficulty Breathing
- New loss of taste or smell

Cloth Masks and Face Coverings: The CDC generally recommends individuals wearing cloth face coverings to protect people around the wearer of the cloth face mask, in the event the wearer is infected but not symptomatic, to reduce the spread of COVID-19. Note: This guidance does not apply to children 2 or under, or to those who are advised not to wear a face covering for other health reasons. Cloth face coverings are NOT a substitute for social distancing, hand washing or other everyday preventative actions.

Illness Policy: COVID 19 Suspension of a care session is sometimes necessary to reduce the risk of COVID-19 transmission. To reduce the risk of contagion, if a child, caregiver or anyone else present in the household becomes ill during a care session, your caregiver should notify you and notify the family to make arrangements for alternate supervision of the child(ren) within 1.0 hour of notification.



WANT TO CONNECT WITH OTHER PARENTS?



Join our Facebook Group or visit www.vibranthawaii.org/parents
PARENTS FOR A VIBRANT HAWAII

